

#MAKE CHANGE HAPPEN

2018 Annual Report



Ripples foundation
Empowering African Women

#rippleeffect

It's a joy to see what Ripples Foundation has achieved over the past decade across the African continent. I think of Madam Rabi, who now through the **Sponsor a Woman** program, operates a Shea butter crop farm and is now able to provide for her family and send her children to school. I think of the many lives that have been changed through the **Medical Outreach Program** and the opportunity provided for children to attain basic education. I say thanks to the Ripples of Change!

Across three countries in Africa, women are being equipped with the necessary skills and training to make life better for themselves and their families. With over 3,000 women benefitting from the Sponsor a Woman program in Ghana alone, and other significant feats through Ripples Farm in Nigeria, our momentum is getting stronger with each passing day. We are excited and cannot wait to see what we will accomplish together in the future.

With gratitude,

Anne Toba
Founder & CEO
Ripples Foundation



"Success isn't about how much money you make; it's about the difference you make in people's lives." - Michelle Obama



MISSION & VISION

We are investing in the economic and social prosperity of the African village woman, improving her quality of life and making deposits into the future of African children. Ripples gives the African woman a 'Hand-up' and not a 'Hand-out', to take responsibility for their lives, and opportunities to work their way out of poverty in dignity.

We also offer College students unique experiential internship opportunities to live, work and learn on Ripples projects in Africa.



2019

2018

2017

8,600+ Women Aided by Sponsor a Woman Program

Moved headquarters to the U.S.

2016

2015

2014

Supplied Medical Equipment to 8 Collage Hospitals

Began Shipping 4 Containers of Supplies Quarterly

Provided 24 Apprenticeships for Girls

2013

2012

2011

Medical Outreach in 8 Villages

Started Experiential Cultural Internships

Launched Medical Outreach

2018

Our programs have benefitted over **8,600 women** in the **UK, Ghana, Madagascar** and **Nigeria** and through your help we can reach even more women and youth.

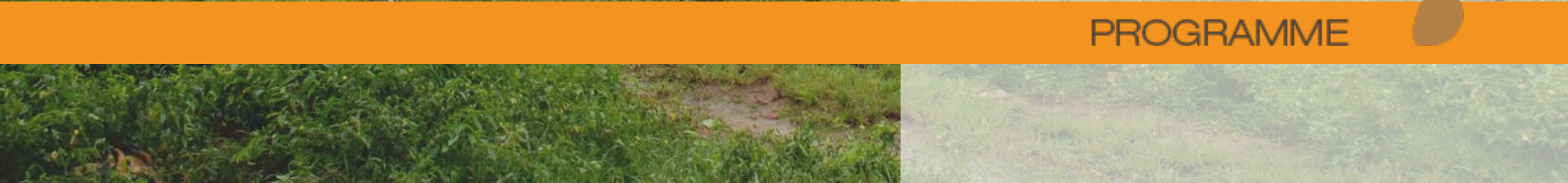




Through our **Adopt A Village**

program, corporations and individuals can partner with us for the progress of the African village woman by committing to fund programs for her entire village - giving their hand to build holistic, sustainable and collaborative projects together with village women and leaders.

We invite corporations and individuals to partner with us because sponsorships are at the core of achieving our goals in order to develop remote communities and break the cycle of poverty.



Our **Sponsor a Woman** program

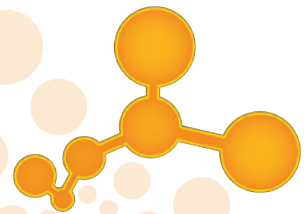
gives women a hand-up to better support themselves and their families and achieve personal dignity. Individuals can pledge a set amount each year to fund programs that lift women from poverty and give them a voice in their community. In Africa, empowering women goes hand in hand with giving them the tools and ability to work and become self-sufficient, so they can make ripples of change by investing in their communities and families.

Become a member of our Sponsor a Woman program to ensure that our Medical Outreach and Women's Enterprise programs reach one woman. Supporting medical care and entrepreneurship workshops for a woman ensures her the opportunity to care for herself and Africa's future, her children.



- 2005:** Launched & started operations in the UK
- 2011:** Started Operations in Cameroon, Ghana, and Nigeria
- 2018:** Over 8,600 Women reached by Sponsor a Woman program

VILLAGE WOMEN
ENTERPRISE





Our Sponsor an Education

program fills the gap between what a mother can achieve for her child today and what she dreams her child can achieve for the future. Individuals can pledge a set amount each year to fund programs that provide education and medical care for children and ensure they have an opportunity for a better tomorrow, making ripples of change through generations.





Ripples Farms

2011: Started operations in Ghana & Nigeria

2017: Co-designing program with women to support 2,000 women and 1,000 youth

2018: **70** women started Pilots



Ripples Farms is growing a new group of leaders in sustainable agriculture; women leaders who combine business acumen with sustainable, eco-friendly farming practices to revitalize local economies and to overcome environmental challenges facing their villages. The program delivers training and inputs for African women to start their own sustainable farming businesses. By helping women run and control their own farms, we are empowering them to break the yoke of poverty to become masters of their own lives, providing them a dignified way to break the cycle of poverty and to take control of their futures on their own terms.





Medical OUTREACH

Through our **Medical Outreach**

program, we operate annual one-day workshops that provide opportunities for free medical care, check-ups, outpatient care, and treatments for a woman's entire village. Our volunteers dispense free medicines to all villagers – a lifeline for those who would otherwise be unable to afford them. We also operate an AIDS initiative through cottage hospitals aiming to catch the disease and provide treatment in its early stages. And throughout the year, the Ripples Foundation helps stock local cottage hospitals with much needed medical equipment and supplies.

2011: Launched and started operations in Nigeria

2015: 12,828 patients served in 8 villages

2018: **4,560+** patients served in 3 villages

Services include: blood pressure tests, HIV aids support, blood sugar tests, medical counseling consultations, and free medicines.



Our Experiential Cultural Internship

program gives graduate - level students a chance to live and work in African villages where they will administer and design solutions for our programs. Living in an African village, students have an opportunity to immerse themselves into their cultures and forge lasting relationships with the communities in which we operate.



**EXPERIENTIAL
CULTURAL
INTERNSHIP**



Volunteer Programs

We have a robust volunteer program that recruits professionals and students from **America, Australia, Europe, Asia & Africa**. In fact, the whole organization is run by volunteers. Volunteers bring on their expertise and donate their time and resources to help Ripples achieve its goals. We currently have 220 volunteers in Africa and 50 volunteers in the USA.

We are always open to volunteers, do not hesitate to sign up to join hands with us in achieving our goals at **Ripples!**



Ripples Foundation USA

15922 Eldorado Pkwy

Suite #500-1670

Frisco, TX 75035

www.ripplesfoundation.org

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